

Celebrating Satir

The Meta Model is at the heart of NLP
Find out what's at the heart of the Meta Model

A 2-day celebration of Virginia Satir; her ways and wisdom; her models and meditations.

"Once a human being has arrived on this earth, communication is the largest single factor determining what kinds of relationships he makes with others and what happens to him in the world about him."

Virginia Satir

Learn how to

- Explore the impact of the intrapsychic system
- Focus on change at 'Being'
- Anchor congruence as a therapist
- Bring transformational change to each session
- Elicit family maps of origin
- Externalise and create growth for coping processes
- Understand the neurobiological process of change
- Assess client's internal processes
- Make contact and build rapport
- Track therapeutic goals and outcomes

There's so much more to Satir than Categories and the Meta Model

The programme utilises presentation, small group discussions, exercises and skill practice. You will be given the opportunity to take part in experiential learning within a safe environment.

At the end of this training you will be able to

1. Build transformational rapport with clients to stimulate their changes
2. Understand and utilise the therapeutic belief system of the Satir model
3. Recognise and work with client's coping stances
4. Explore client's intrapsychic system
5. Assist clients to access their internal resources and strengths
6. Utilise family maps of origin for understanding and change
7. Make the implicit explicit and explore unmet expectations
8. Be more fully human

Who should attend?

Psychotherapists, Coaches, Master Practitioners, Social Workers, Counsellors, Psychologists, Nurses and specialists working in the helping professions are invited to attend this training programme.

Sharon Rooke has been delivering training for over 20 years. Qualifications include UKCP Registered Psychotherapist; NLPtCA accredited psychotherapist; NLPtCA accredited Supervisor; Satir Transformational Systemic Psychotherapist; INLPTA certified NLP Trainer; IHS Hypnotherapy trainer; INLPTA Master Practitioner of NLP; HS Clinical Hypnotherapist. Her motivation for learning and understanding continues to grow with her curiosity for helping people to be the best they can be.